

Turning Point Notes . . .

*Reaching People for Christ
and*

Helping believers grow to be like Him

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GOOD NEWS

about

GRACE

Part # 2: **Healing Grace**

The simple definition of "Grace" is "God's Unmerited Favor". Grace is God's gift to you through your belief in His Son, Jesus Christ, even though you may not deserve it.

God's saving grace is:

- God's GIFT to you
- Received by FAITH
- Available to EVERYONE
- Only comes through JESUS CHRIST
- Is extended through ETERNITY

Grace is NOT:

- Based on your performance!
- Based on your goodness!

Before you begin:

- 1. Have you understood that there is nothing you can do to deserve God's Grace?
- 2. Do you understand that His promise of Grace is because of His great love for you?
- 3. Do you recognize and accept His great love as is evidenced in the death of His Son Jesus Christ on the Cross in your place for the sin you committed not because of any sin in His life ?

Healing Grace . . .

Monday:

THE WAY WE THINK.

Pain and hurts **WILL** come and you **WILL** have trouble dealing with them. Most of the difficulty in dealing with pains and hurts that life hands out is **THE WAY WE THINK.**

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1. How can this promise change how you think about experiencing healing of the spiritual and emotional hurts you experience in life?

Psalms 147:3 ³ *He heals the brokenhearted, binding up their wounds.*
(Psalm 34:18; Luke 14:18)

2. How powerful is your "thinking" in relation to letting go of hurts and allowing God to bring comfort to your heart and soul?

Proverbs 23:7 ⁷ *For as he thinks in his heart, so is he.*

3. Have you allowed your thoughts to magnify your pain to be bigger than God?

4. What can happen if you allow God's Grace to renew your mind and start thinking like He thinks? **Romans 12:2**

² *Don't become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You'll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops well-formed maturity in you.*

Tuesday

What God believes about you . . .

1. You are ACCEPTABLE!

Romans 15:7 ⁷ *So accept each other just as Christ has accepted you; then God will be glorified.*

a. Being accepted is very important to each of us. What is promised you in this verse?

b. Because of God's Grace this is an unconditional acceptance. How does this start to reshape how you think about yourself and the pain and hurt in your life?

c. Paul gives another promise that helps to reshape your thinking. Does it make you feel good to be chosen? (Explain)

Colossians 3:12 ¹² *So, chosen by God for this new life of love, dress in the wardrobe God picked out for you: compassion, kindness, humility, quiet strength, discipline.*

2. You are Valuable

1 Peter 1:18-21

¹⁸ *For you know that it was not with perishable things such as silver or gold that you were redeemed from the empty way of life handed down to you from your forefathers, ¹⁹ but with the precious blood of Christ, a lamb without blemish or defect. ²⁰ He was chosen before the creation of the world, but was revealed in these last times for your sake. ²¹ Through him you believe in God, who raised him from the dead and glorified him, and so your faith and hope are in God.*

a. What was the price that God paid and through Whom so you can have a right relationship with Him by Grace?

b. How does it impact you knowing that God paid for the possibility of a change in your relationship with Him with the "blood" of His Son Jesus Christ?

c. Christ gave Himself away for you expecting nothing in return. What should you be doing to honor this great unselfish sacrifice that Christ made for you? Matthew 20:28²⁸ *For even I, the Son of Man, came here not to be served but to serve others, and to give my life as a ransom for many.*"

3. You are LOVABLE

Isaiah 54:10¹⁰ *For even if the mountains walk away and the hills fall to pieces, My love won't walk away from you, my covenant commitment of peace won't fall apart." The God who has compassion on you says so.*

a. Everyone has a need to be loved, even if some find it hard to admit. What assurance has the Bible provided that to God you are *unconditionally* "lovable"?

b. God's Grace is a source of hope that does not disappoint us. What assurance do you have of not being disappointed? Romans 5:5⁵ *And this expectation will not disappoint us. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love.*

c. Is this love something that you have earned or is it undeserved and unmerited? Romans 5:8-10⁸ *But God showed his great love for us by sending Christ to die for us while we were still sinners. ⁹ And since we have been made right in God's sight by the blood of Christ, he will certainly save us from God's judgment. ¹⁰ For since we were restored to friendship with God by the death of his Son while we were still his enemies, we will certainly be delivered from eternal punishment by his life.*

Thursday

4. You are FORGIVABLE

1 John 1:9

⁷ *But if we are living in the light of God's presence, just as Christ is, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from every sin. ⁸ If we say we have no sin, we are only fooling ourselves and refusing to accept the truth. ⁹ But if we confess our sins to him, he is faithful and just to forgive us and to cleanse us from every wrong. ¹⁰ If we claim we have not sinned, we are calling God a liar and showing that his word has no place in our hearts.*

a. Why should you be concerned about being "forgivable"?

b. Even believers who have been saved by God's Grace through faith will have sin in their lives. What action does God require from you to receive forgiveness?

c. Confession is an acknowledgment that a problem exists. God is faithful to forgive you when you acknowledge to Him that you have made a mistake (sinned). How quick are you to forgive others when they acknowledge to you that they have committed a wrong against you?

Friday

5. You are CAPABLE.

Philippians 4:13

¹³ *For I can do everything with the help of Christ who gives me the strength I need.*

a. When God calls you to serve at a certain task what does He supply to make you capable to perform the job?

b. It is important to understand that your own personal, human capability will not enough. As you serve, how does this knowledge actually allow you to do a *better* job?

2 Corinthians 12:8-10⁸ *Three times I pleaded with the Lord to take it away from me. ⁹ But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. ¹⁰ That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.*

c. As you serve, the work may become hard and the future may look hopeless. How will the promises in these verses keep you faithful?

Isaiah 40:29-31²⁹ *He gives strength to the weary and increases the power of the weak. ³⁰ Even youths grow tired and weary, and young men stumble and fall; ³¹ but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.*

Turning Point...

- Look through your hurts to see God's Grace,
- Practice unconditional love for others,
- Give yourself away expecting nothing in return,
- Pray for understanding and discernment,
- Accept God's Gift of salvation and love,
- Choose to forgive and to accept forgiveness,
- Allow God's Grace to help you heal your hurts.